MARRIAGE THERAPY INSTITUTE

Key Points for Therapists and Professionals in the Mental Health Industry about Marriage Therapy Institute:

- Lori Galperin MSW and Mark Schwartz, Sc.D. are a longstanding co-therapy team that runs group each day for two hours.
- They work with trauma stabilization and resolution and work with expertise with married couples and those in longer-term relationships.
- They are addictions recovery specialists who frequently work with clients who have been discharged from residential or in-patient treatment and need deeper psychotherapy as well as have the need for structured coaching support, skills development, and social interactions.
- Coaching work is a big part of the treatment process and working with each individual’s blocks to experiencing emotions, communicating constructively, and expressing and receiving intimacy.
- They are highly skilled in working with comorbidity and multiple addictions, including OCD, Co-Dependency, and Sexual Dysfunction.
- They work with entire family systems of couples and individuals as needed for resolution and recovery.
- Marriage Therapy Institute (MFI) accepts network benefits for most public and private insurance plans.
- Marriage Therapy Institute (MFI) provides free consultations to both clients and/or their therapists or case workers.

Dr. Mark Schwartz and Lori Galperin, MSW are senior clinicians with more than 30 years experience working with hundreds of couples. They have integrated their own work with their extensive training at the Masters & Johnson Institute, combined with advances developed from John Gottman PhD, Susan Johnson PhD, and Harville Hendrix PhD, to provide state-of-the-art, seven-day intensive psychotherapy programs.

Having 21 hours of therapy plus daily practice is equivalent to six-months of once-a-week therapy, but in a concentrated period of time, thus allowing for more rapid and effective change. Blocks to intimacy are explored for each individual. The couples’ work is directive, with daily skills-training to build and enhance capacities for creating connection and safe attachment, facilitating effective communications, conflict- and anger-management, problem-solving without defensiveness, withdrawing or moving into blaming self or other, parenting and step parenting, and thereby, recreating feelings of affection and passion.

How Masters and Johnson Contributed to the Therapeutic Techniques now a part of Marriage Therapy Institute

Training with Masters and Johnson, for both Dr. Schwartz as well as for Ms. Galperin, was, says Dr. Schwartz, “Incredible.” Dr. Schwartz remembers, “One or both of them would actively listen to their staff work with couples and would provide feedback at the end of the session on how to improve the therapist’s technique. Their model of treatment was powerful. Couples came from across the world for two weeks and were worked with daily. The result was a short-term model of treatment that is highly effective, that which Schwartz and Galperin readily bring to their work with couples today.

www.marriagetherapyinstitute.com

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